

Partners in Care

Dunes Family Health Care ~ Reedsport Medical Clinic ~ Lower Umpqua Hospital

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Orthopedic specialists join RMC and LUH Specialty Clinic team

Reedsport Medical Clinic welcomes three orthopedic specialists to their rosters. Dr. McLean, Dr. Hobson and Dr. Bell have a private practice in North Bend and will see patients in Reedsport as a convenience to our community. Surgeries with the doctors can be performed at Lower Umpqua Hospital and physical therapy is right here as well. Appointments with any of these specialists can be made by calling 800-930-7668.

Dr. Jason S. Bell has a special focus on shoulder or knee reconstructive surgery, and sports medicine. He has been a board certified Orthopaedic Surgeon since 2006. He attended medical school at U of C, Irvine College of Medicine where he also served his residency and internship.

Dr. Bell has received numerous and diverse awards for excellence including the Meritorious Service Medal from USAF, Operation Iraqi Freedom Campaign Medal, Golden Scalpel Award for Medical Student Education, and a Special Performance Award from the UC Davis division of Biological Sciences Department. In addition to his career awards, he also competed in the US Nationals for cross country skiing in 1990.

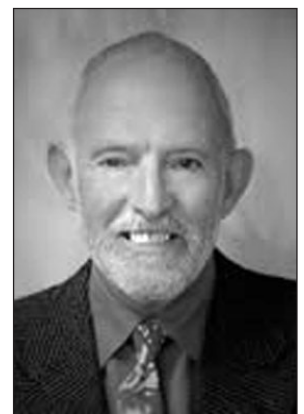
Dr. Michael McLean has a special focus on total hip replacements and knee joint replacements. He earned his Doctorate of Medicine from Universidad Autonoma de Guadalajara, Mexico, his MA and under graduate studies in Industrial Psychology from



Shaun Hobson, M.D.



Jason Bell, M.D.



Michael McLean, M.D.

California State College at Long Beach, Ca., and completed his internship and orthopaedic residency in Pennsylvania.

In addition to his training as an Orthopedic Surgeon, he has a very interesting background with NASA. Starting as Senior Research Engineer for NASA, he assisted in development of displays and controls in the Apollo command module from 1962 - 1966. Between 1966 and 1971 he worked for McDonnell Douglas Astronautics Corp. as Senior Engineer / Scientist working on the NASA Space Station: man/machine interface, underwater weightless simulation and zero-G studies. His award-winning work included pioneering the development of the weightless simulation machinery in 1966.

Shaun M. Hobson, MD comes to Reedsport by way of Texas, Michigan, and California. A graduate of the University of Texas Medical School, he

served internship and residency at Detroit Medical Center, and fellowship at South Lake Tahoe Orthopaedic Institute.

The special interests of Dr. Hobson are sports medicine, reconstructions and knee and shoulder impairments. One of his volunteer services has been oversight of a community college sports program.

Dr. Ivanitsky has been the sole orthopedic surgeon here for 11 years, but is no longer seeing patients in Reedsport. Time constraints pushed the popular physician to relocate his practice to Coquille, where he has his home and family. You may still see him in the emergency room as he will sometimes be on call for orthopedic emergencies.

To schedule an appointment with Dr. Bell, Dr. Hobson or Dr. McLean, please call South Coast Orthopaedic Associates at: 800-930-7668.

Visit us online at www.lowerumpquahospital.org

Learn all about it at the LUH Academy

Have you ever wondered what really takes place within the bustling hive of Lower Umpqua Hospital? Who are those guys in the blue lab jackets? What does it look like beyond the little room where your blood is drawn? Where is everyone going when they walk briskly down the hallways?

All of those questions and hundreds more are answered when community members attend a day at the LUH Academy. The quarterly classes accommodate a dozen students who take an educational tour of major departments, learning what the employees do there, what the machinery does, and see first-hand how it all works to provide top quality care.

Students are given a set of scrubs and advice to get a good night's sleep before attending the five-hour class. Delaine Humphreys, Hospital Public Relations Director and Community Encourager leads the group and introduces each aspect of the hospital, from the medical staff to the billing system, including emergency room and ambulance services, radiology, surgery, rehabilitation, laboratory, and even a lunch prepared by hospital cafeteria staff.

Most students are awestruck to learn how many services the hospital provides. "One of our goals with the Academy is to get the word out that we have state-of-the-art equipment right here," Humphreys says, "no matter where your doctor is, your tests can all be done here. We have a full lab, CT

"One of our goals with the Academy is to get the word out that we have state-of-the-art equipment right here. No matter where your doctor is, your tests can all be done here."

Delaine Humphreys, LUH Public Relations Director



scanner, MRI, and even a bone density machine. You can ask your doctor to write lab orders for LUH and get the same level of service as you would get at any area hospital."

Each Academy day reaches out to a variety of community members. "We try to get a real cross-section of people for each session" Humphreys says,

noting that now that the Academy has been attended by several dozen people. It's mostly referrals by students who know someone who would enjoy the day. Seating is limited so students must register. Those interested in attending LUH Academy can call Delaine Humphreys at 271-9700 or e-mail dhumphreys@luhonline.com.

Patients can have blood drawn at RMC

Customer service is a top priority at the Lower Umpqua Hospital Lab. Manager Michael Lenington is constantly looking for ways to streamline service and expand capabilities within his department. A new service outside the confines of the lab may be one of the boons to the lab's efficiency.

A pilot program is being tested at

Reedsport Medical Clinic to alleviate waiting room back-up at the hospital. Patients of the clinic, with doctor orders for blood work can have their blood drawn at the clinic every Monday between 8 and 11 a.m.

At this time the service is only available to Reedsport Medical Clinic patients, but if it proves to be successful the plan could expand.

Dr. Furlong seeing patients at Reedsport Medical Clinic

Dr. Lee Anne Furlong is joining the Reedsport Medical Clinic team as an internal medicine physician taking appointments there approximately one time per month. She will see patients for a wide variety of medical concerns, including "well women / men exams."

Dr. Furlong has lived in Oregon since 1987, grew up in Delaware, and received her medical degree from University of North Carolina. She served her residency

in Internal Medicine and Primary Care at OHSU in Portland.

Now settled on the coast, she enjoys travel and foreign languages, classical music and gardening. Her two Weimeraner dogs provide fun and exercise when she enjoying some time off.

To make an appointment with Dr. Furlong, please call Reedsport Medical Clinic at 541-271-2119.

New pain management specialist in Reedsport

Dr. Paul Coelho brings his expertise in pain management issues to Reedsport. A Physiatrist, as well as an M.D., Dr. Coelho is board certified in the management of pain from a variety of ailments including amputations, arthritis, brain injuries, stroke, post-polio syndrome, spinal cord injuries, stroke and other long term conditions. He is also board certified as a specialist in physical medicine and rehabilitation (PM&R).

Physiatrists diagnose and treat pain as muscle, bone and nerve experts. They work to restore function to injured or illness-impaired conditions by treating the whole person, not just the problem area. They orchestrate treatment plans, using non-surgical techniques.

Dr. Thomas Faber joins RMC staff

Dr. Thomas Faber is settling into his new position at Reedsport Medical Clinic where he joined the Staff at the first of the year.

He brings an interesting and varied range of experience with him. He attended medical school in Michigan, completed an Infectious Disease Fellowship there, and has practiced medicine in a variety of clinics and hospitals throughout the U.S.

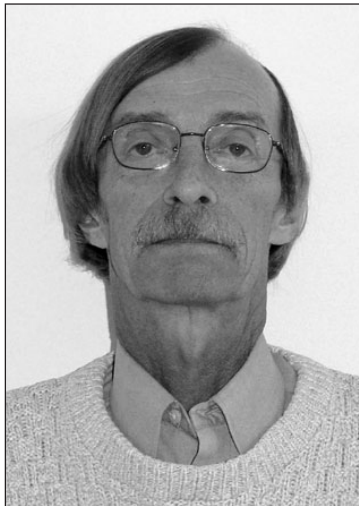
Most recently, he practiced in Carson City, Nevada. His experience covers a wide range of care, from various laboratories, to small clinics to bustling metropolitan hospitals. The practice of RMC seems to be just right, and he is eager to build a patient roster.

Patients with diabetes, hypertension, and other illnesses can choose Dr. Faber as their primary care giver. His focus on internal medicine makes him an excellent choice for elderly patients and those with chronic ailments. He also sees "well" patients for exams.

In addition to seeing patients at Reedsport Medical Clinic, Dr. Faber also has hospital privileges to care for them at Lower Umpqua Hospital.

On a personal note, his wife Patricia joins him in Reedsport and they are both excited about exploring the area and making friends. They are the parents of two grown daughters.

To make an appointment to see Dr. Faber, call Reedsport Medical Clinic at: 541-271-2119



Thomas Faber, M.D.

Dr. Coelho (pronounced Quailo) attended college at UC Davis, and received his medical degree at University of Chicago. Following residency he completed a fellowship in spine and pain management at Kaiser Permanente. In his distinguished career Dr. Coelho has received numerous prestigious awards, including Intern of the Year at Northwestern University, Harborview Medical Center's House Staff Award, and the Fisher Peabody Quality Award from Kaiser.

Exploring the coast by driving back roads with his family is something he enjoys in his free time. With his wife and two children, they are becoming familiar with small town life and the outdoor activities offered here. He's a fan of the Oregon State Beavers Wrestling Team.

Dr. Coelho sees patients who are referred by their primary care physicians.

Beacon Award nominations sought

The Beacon Award is presented by Lower Umpqua Hospital Foundation in recognition of voluntary efforts to improve the health, wellness and safety of those in our community.

Nomination criteria

- The person or group to be recognized must try to improve the health, wellness, or safety of residents in coastal Douglas County (the Lower Umpqua Hospital District) outside a scope of employment.

- The benefits can be for the community in general or a specific group.

- Nominations are due by April 4, 2012

. Mail to Beacon Award c/o Lower Umpqua Hospital Foundation, 600 Ranch Rd. Reedsport, OR 97467, or leave at the Family Resource Center.

Please submit a letter that includes such details as

- the name, address & phone number of the individual or group to be recognized

- an explanation of what this person or this group has done to improve the health status of people in this community.

- what role this person or group has in the effort;

- specifically what group has been served;

- how health/wellness/safety status of that group has improved;

- how long or often this effort has been made

- any other details that would be pertinent

Name and contact information of person making nomination.

Dr. Zarandy coming soon

Reedsport Medical Clinic will welcome a new full-time physician in the near future. Dr. Mehdy Zarandy focuses on Internal Medicine / Pathology and will be accepting new patients. He will be moving to Reedsport from Scottsdale, Arizona.

Catching up with Dr. Michelle Petrofes

You would need some serious running shoes to keep up with the very busy Dr. Michelle Petrofes, but it would absolutely be worth the run. She sees a full schedule of patients at Dunes Family Health Care, checks on her patients in the hospital across the parking lot and works a rotating shift in the Emergency Room at Lower Umpqua Hospital.

She also is a wife (her husband is Dr. Dale Harris) and mother, deeply involved in family events, loves reading and is quite an accomplished quilter who enjoys taking the occasional break for a quilting retreat to share the hobby with like-minded artists. And then

there's her community service. For many years, during the most contentious times, she served on the school board, and as Chair led them through the first round of enormous mandated budget cuts. As a S.M.A.R.T (Start Making A Reader Today) volunteer at the elementary school, she reads to students every week, and has been doing so since the program began, some 20 years ago.

Investing time in the community, entrenched in a variety of volunteer jobs, it's all part of the life she planned and made a reality. "I was attracted to family medicine," she remembers "because it meant variety. It means

constant learning and challenges because of the broad scope. The seven years of medical school and residency were only the beginning. Doing this means never being done training. There is something new and different every single day."

It was more than the job that lured the young couple, both physicians. "We wanted to raise our family in a rural area. I was born in Cleveland, Ohio then moved to Lima where we lived 'in the sticks'. It was wonderful for a kid. I wanted to live where my kids could go outside, like we had been able to do. And that's what we've had here, a safe place and a very nice life."

"Care to Talk About..." Series invites audience

A series of informational seminars called "Care to Talk About..." is continuing at Lower Umpqua Hospital. The informal gatherings explore diverse topics with experts who invite questions and dialogue with the audience. The series has been quite a success, organizer Delaine Humphreys reports. There are between nine and 25 participants at each meeting.

Upcoming dates and topics are scheduled for the next few months as follows: Feb. 28, 2012 with Jackie Brown discussing "Your Diet." Jackie is the new dietitian who visits LUH two times each month to help the hospital plan healthy and delicious meals. She will address individual concerns in the question/answer portion of the program, and give some overall good tips for maintaining a balanced diet.

On April 24, 2012 Dr. Aleksandar Curcin discusses "Your Spine" with some valuable insights into caring for your spine and options for treatment of problems. Dr. Curcin is with South Coast Orthopedic Assoc., the practice that also includes the three orthopedic surgeons who now see patients at

Reedsport Medical Clinic, and perform surgeries at Lower Umpqua Hospital.

"Options For Aging In Our Community" is the topic June 26, 2012 with an expert on geriatric care. Valerie Hunter is the Director of Aidan Senior Living at LUH. She will share information about the Aidan facility but also talk about home care help and other options for assistance to aging patients. The perception of nursing homes of the past will be discussed in terms of how far the industry has come to offer comfortable senior living and longterm care. She will bring information about the choices available to us as we get older and help clarify eligibility for programs and the cost of care.

The series of "Care to Talk About" events take place on the last Tuesday of every even-numbered month. They are located in the conference room on the lower level of the hospital, through the door marked "receiving." Each meeting time is 5:30 - 6:30 p.m. and light refreshments are served. There is no charge to participate and everyone is welcome.

"Thank you for calling Lower Umpqua Hospital"

"Thank You For Calling Lower Umpqua Hospital"

Those words now come from a live person rather than a recording when calling the hospital's main phone number at 541-271-2171.

A few years ago LUH began using an automated system to answer calls as an expense reducing measure. It has worked well, but everyone agrees it is preferable to reach a live person on the other end of the line. In response to community suggestions to bring the switchboard and its operator back to the front line position, the hospital is

testing a program to see if it is feasible.

In order to fit the budget, the switchboard position will be combined with other duties for a blended job. It not only brings a live voice to the phone, it brings a new job to the community. In the experimental phase the switchboard is now operated by a real person between 8 a.m. and 8 p.m.. "We're really hoping to make this a permanent thing, but it will depend on how well it works to have the multi-tasking employee" says Delaine Humphreys. "This is an example of responding to the community, and we are all making an effort to see this happen."